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**STONEBRIDGE
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**rape
crisis
center**

of Milford, Inc.
70 West River Street
Milford CT 06460



Walk A

Mile In Her Shoes!

The Men's March to Stop Rape,
Sexual Assault & Gender Violence

to benefit
Rape Crisis Center of Milford

Sunday, April 18, 2010
Noon Check In & 1 PM Walk
Start and End at
Lisman's Landing, Milford

What is Walk A Mile In Her Shoes

Walk A Mile in Her Shoes® is a nationwide event that invites men to join in the efforts of women to make the world a safer place.

Men, women, families, neighbors, colleagues, and teams will participate in the one-mile walk to raise awareness around issues of rape, sexual assault, and gender violence.

At the same time, you'll be raising funds for Victim Services and Community Education.

FAQ

Do men have to wear women's shoes?

Yes, all men are asked to wear women's shoes...high heels, ballerina slippers, flip-flops, fuzzy slippers...use your imagination!

Where do I go on walk day?

Registration opens at 12 Noon at Lisman's Landing on Helwig Street, Milford. The walk will start and end at Lisman's Landing on Helwig Street.

How do I turn in my donations?

Donations can be turned in prior to the walk or on walk day at Lisman's Landing.

Is there a registration fee?

There is no registration fee, but we ask everyone to get sponsorships for their walk.

- \$20 - get a Walk T-shirt on the day of the walk.

How will the money raised be used?

The proceeds from the walk will be used by the Rape Crisis Center for Victim Services and Community Education. Services include:

- 24/7 Crisis Hotline
- Accompaniment to hospitals, on police interviews, and court advocacy
- Short-term free individual, group and significant other counseling
- Multidisciplinary Team response services for children age 0-18
- Information and referrals
- Prevention education for pre-k through 12th students and Parent Teacher Associations
- Professional training, including police

How to join the Connecticut Walk A Mile In Her Shoes ® ?

Anyone can register (children under 12 MUST be accompanied by an adult)...just fill out the form on this brochure, mail or fax it to us or register on-line at www.rapecrisisctr.org

What's Next?

Once registered you will receive a walk packet. Begin collecting donations for your walk. Ask friends, neighbors, colleagues, relatives, etc. to sponsor you by donating money to the Rape Crisis Center of Milford, Inc. Collections may be turned in on April 23rd, 24th or at the walk.

If you raise \$20 you will receive a Walk T-shirt on the day of the walk.

Still have questions?

Call the Rape Crisis Center at 203-874-8712 or email jennifer.mrcc@sbcglobal.net. For a calendar of walks across America, log onto www.walkamileinher shoes.org

Registration

Name: _____

Address: _____

City/St/Zip: _____

Daytime Phone: _____

Email: _____

Mail or FAX registration form to:

Rape Crisis Center of Milford

70 West River St, Milford CT 06460

Tel: 203-874-8712

FAX 203-878-6450

www.rapecrisisctr.org

Walk A Mile Waiver

In consideration of my entry in the Walk A Mile In Her Shoes: Men's March to Stop Rape, I, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I have or may hereafter have against the organizers of this event, its principals, its employees, all sponsors and their representatives and all claims of damages, demands, actions whatsoever in any manner, as a result of my participation in the Men's March to Stop Rape event, including travel to and from this event. I attest and verify that I am physically fit and have sufficiently trained for completion of this event and I have not been advised otherwise by a qualified medical person. Further, I hereby grant full permission to any and all of the foregoing to use my name and likeness in any broadcast, telecast, video or print media of the event without compensation.

Signature: _____

Date: _____

All walkers (parent/guardian if under 18) must sign